



eSafetyLine

Eye Protection Do's and Don'ts

2,000 eye injuries occur at work every day, many that cause permanent damage to the eye or loss of vision. No one will disagree that a construction worker's eyes are one of his most important tools and without them they would not be able to earn a living.

Listen carefully.

- **Do** wear eye protection when there is the slightest chance of injury
- **Don't** work in dusty environments without eye protection
- **Don't** work outdoors for long periods without sunglasses
- **Do** always wear goggles when striking hardened tools against metal surfaces
- **Do** wear goggles around flying chips or particles, chemical gases or vapors, liquid chemicals or dust
- **Do** ALWAYS keep sharp or pointed objects away from the eyes and face
- Do replace cracked, pitted or damaged lenses as soon as possible
- Do wear a sweat band on your forehead or a cool rag in your hard hat to minimize sweat fogging protective eye wear
- Don't remove protective eye wear until you leave a worksite or are out of the hazard zone
- Don't take safety eye wear off even if your task is complete UNTIL you check the surrounding area for hazards
- Do buy lenses with anti-fog coating applied during manufacturing or regularly use an anti-fog solution.

Discussion Questions

How many eye injuries occur each day at work?

When should a worker remove eye protection while on a jobsite?