



Summer Safety

[eSafetyLine](#)

Summer Road Safety

Although we drive all year round, summer driving safety can be a bit more important. Typically we are more likely to drive as a family with our children in tow during the summer months to vacation destinations, family reunions and the like. Here are 10 simple points about safe driving that can help keep everyone safe during the summer driving season:

- Buckle up every time you drive. Wear your lap belt AND shoulder harness every time you get in a vehicle and insist the same of all passengers.
- Stay clear of the air bag. There should always be at least 10 inches between the air bag and the middle of your chest. Another reminder: NEVER put a rear-facing infant in front of an air bag.
- Keep kids in the back and secure. The safest place in a motor vehicle for children 12 and under is buckled up in the back seat. Be sure to use age and size appropriate child and infant restraints.
- Have a clear view. Always keep all vehicle windows and mirrors clear of anything that can block your view of potential hazards.
- Keep a clear head. Never drink alcohol before driving and be aware of medications that may impair your driving ability by causing drowsiness or dizziness.
- Stay alert. Driving while drowsy can cause a crash within seconds. Always get enough sleep before beginning a drive and pull off the road if you become drowsy.

- Minimize distractions. Don't allow your attention to be drawn away from the task of driving safely by cell phones, food, drinks, children, pets or anything else. Keep your eyes on the road.
- Expect the unexpected. Always keep an alert eye on other vehicles on the road and drive defensively.
- Adjust your speed to the legal limit. You may also have to adjust your speed due to road conditions or your driving abilities at any given time. Slow down if you are tired, distracted, emotional or ill.
- Watch out for pedestrians and cyclists. This is especially true in parking lots, at intersections, on busy roads, during peak travel times or when visibility is limited.

By following these ten simple safe driving tips, you and everyone else on the road is much more likely to arrive at their destination safe and happy.

Discussion Questions

What are some things that could distract you while driving with your family?

What is the recommended distance between your chest and an air bag?

MEETING / TRAINING ATTENDANCE ROSTER

COMPANY: _____

_____ SAFETY MEETING

JOB/DEPT: _____

_____ SAFETY TRAINING

DATE: ___/___/___

TIME: _____

TOPICS ADDRESSED: _____

EMPLOYEE'S SIGNATURES

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

EMPLOYEE SUGGESTIONS AND RECOMMENDATIONS: _____

ACTION TAKEN: _____

Supervisor's Signature

_____/_____/_____
Date

Safety Coordinator's Signature

_____/_____/_____
Date